# Is Weight Loss Surgery Right for You?

To discuss your weight loss goals, medical history, and gain a better understanding about weight loss surgery and its risks as well as its benefits, please call Lane Surgery Group at 225-570-2489 to schedule a consultation.

### **Our Team**



#### Dan Bourgeois, MD

Board Certification: General Surgery

Medical Education: Louisiana State University School of Medicine

Residency: Ochsner Clinic Foundation Hospital



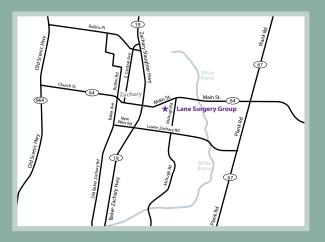
#### Frank Sanfiel, MD, FACS

Board Certification: General Surgery Medical Education: Meharry Medical College Residency:

University of Kentucky Hospital

#### Insurance

Lane Surgery Group accepts most commercial insurance, Medicare, Medicaid, and self-pay. Our team will help you determine your insurance coverage. Please bring your insurance cards with you to your initial consultation.



#### Location

Conveniently located near Lane Regional Medical Center at 4801 McHugh Road, Suite C, in Zachary.

#### **Appointments**

To schedule an appointment, please call 225-570-2489.

#### Hours

Monday-Thursday: 8:00am – 4:30pm Friday: 8:00am – 12:00 noon



Care You Can Count On

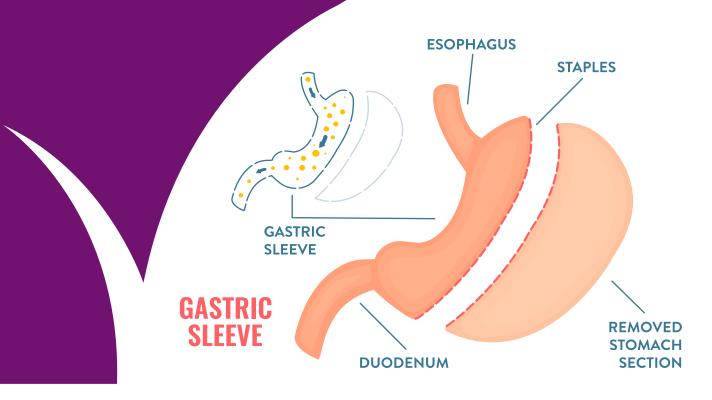
4801 McHugh Road, Suite C Zachary, LA 70791 225-570-2489

LaneRMC.org

### WEIGHT LOSS SURGERY







#### **About Weight Loss Surgery**

For those who desire to lose the weight and feel they have tried it all, it can seem impossible to find an ally to help you reach your weight loss goals. You've tried diets, exercise, supplements, and medications and have been disappointed.

If this describes you, it may be time to align yourself with a new team, one that really understands the struggle and can offer a new solution that really works: Bariatric Weight Loss Surgery at Lane Regional Medical Center.

Weight loss surgery can help you to eat less and not feel hungry, resulting in rapid and sustainable weight loss. This is not a quick fix. It is a long-term solution.



#### **Sleeve Gastrectomy**

There are several weight loss surgeries available, and it can be difficult to know which is best. Lane offers the Gastric Sleeve, a laparoscopic procedure in which <sup>3</sup>/<sub>4</sub> of the stomach is removed. This procedure limits the amount of food that can be eaten and also reduces hunger by removing the portion of the stomach that sends hunger signals to the brain.

The surgery entails a one-night inpatient hospital stay, but most can return to work in as little as a week after the procedure. The surgery is both safe and highly effective. Our team customizes your surgery plan to meet your individual needs, including understanding your nutritional and emotional needs as well as helping you achieve and maintain an active lifestyle.

From education and evaluation, to surgery and beyond, we promise to provide you with care you can count on every step of the way.

## What is Bariatric Weight Loss Surgery?

Weight loss (bariatric) surgery is a procedure that makes the stomach smaller so you feel satisfied with less food.

It's for people who are morbidly obese (more than 80 pounds overweight) and have not had success with other weight loss therapies.

For success, candidates need to understand the risks and complications of bariatric surgery and be committed to long-term nutritional and lifestyle changes. This includes big changes in the amount and way foods and fluids are consumed.

#### Who is a Candidate for Weight Loss Surgery?

You could be a candidate for surgical weight loss if you:

- Are more than 80 pounds over your ideal body weight
- Have a Body Mass Index (height to weight ratio) of over 40
- Have a Body Mass Index of over 35 and are experiencing severe negative health effects, such as high blood pressure or diabetes, related to being severely overweight
- Are unable to achieve a healthy body weight for a sustained period of time, even through medically supervised dieting