



Nutrition intervention is an important component in the improvement of chronic disease. Our team of licensed and registered dietitians provide individualized nutrition plans and give our patients the tools and motivation needed to make improvements to their health and well-being.

Some of the conditions for which we provide Medical Nutrition Therapy include:

- Diabetes
- Gestational Diabetes
- Weight Management
- Cardiovascular Disease
- Kidney Disease
- Gastrointestinal Disease
- Cancer
- Nutrition Support (Tube Feeding, Parenteral Nutrition)



Lane
Nutrition Services

Care You Can Count On

6300 Main Street
Zachary, LA 70791
225-658-4347 or 225-658-4428

LaneRMC.org

 **LANE NUTRITION SERVICES**



Lane Regional
Medical Center

Care You Can Count On

Nutrition plays an important role in staying healthy.



Lane is pleased to offer both inpatient and outpatient nutrition services. Our team of Registered Dietitians provide individualized nutrition plans for our patients to help them achieve optimal health.

Outpatient Nutrition Services

In addition to the traditional nutrition services provided to all inpatients, Lane also offers Medical Nutrition Therapy Services for outpatients.

Inpatient Nutrition Services

During an inpatient stay, patients receive three meals per day according to a physician-ordered diet. For patients at high nutrition risk, one of our registered dietitians will complete an assessment to determine how to best meet their specialized nutrition needs.



Physician Referral Required

A physician referral is required for outpatient Medical Nutrition Therapy services at Lane. Most insurance companies cover all or part of outpatient Medical Nutrition Therapy services for disease management.

Our Team



Melissa Landry, RDN, LDN



Melissa Acosta, RDN, LDN



Katelyn Lamy, MS, RDN, LDN



Terri Nelson, MS, RDN, LDN

Contact Us

Please feel free to contact us with any questions or if we can assist in obtaining a physician referral:

Lane Nutrition Services

Email: dietitianreferral@lanermc.org

Phone: 225-658-4347 or 225-658-4428

Fax: 225-658-4256