

Our Team



Michelle Cosse, MD

- Board Certification: Family Medicine
- Medical Education: Louisiana State University School of Medicine
- Residency: University of South Alabama



Reagan Elkins, MD

- Board Certification: Family Medicine
- Medical Education: Louisiana State University School of Medicine
- Residency: Louisiana State University



Tommy Gould, MD

- Board Certification: Family Medicine
- Medical Education: Louisiana State University School of Medicine
- Residency: Louisiana State University



Kimberly Meiners, MD

- Board Certifications: Family Medicine and Integrative Medicine
- Medical Education: Louisiana State University Health Sciences Center
- Residency: St. Vincent's Family Medicine



Maria North-Scott, DO

- Board Certifications: Family Medicine and Osteopathic Manipulation Therapy
- Medical Education: Touro College of Osteopathic Medicine
- Residency: Methodist Charlton Medical Center



Ndeke Nyirenda, MD

- Board Certification: Family Medicine
- Medical Education: Ross University School of Medicine
- Residency: Arrowhead Regional Medical Center



Nick Maggio, FNP-C

- Certification: Family Nurse Practitioner
- Education: Master of Science in Nursing from Southeastern Louisiana University



Kathy Sterling, FNP-C

- Certification: Family Nurse Practitioner
- Education: Master of Science in Nursing from University of Alabama at Birmingham

Same Day Appointments Available!



Location

Lane Family Practice is conveniently located in the heart of Zachary with easy access and ample parking.

Hours

Monday - Friday 7:30 am to 5:00 pm



**Lane
Family Practice**

Care You Can Count On

2335 Church Street, Suite E
Zachary, LA 70791
225-654-3607

LaneRMC.org



LANE FAMILY PRACTICE



**Lane Regional
Medical Center**

Care You Can Count On



Reliable, quality healthcare for you and your loved ones is important.

At Lane Family Practice, you will find dedicated providers who specialize in family medicine, including comprehensive care, management of chronic diseases and conditions, health education, medication management and follow-up care after hospitalization.

Our clinic also provides on-site laboratory and x-ray testing, making it easier for you to get the services you need in a single location.

Whether it's a wellness visit or you simply aren't feeling well, you'll find the care you need at Lane Family Practice, including:

- **Preventative check-ups**
- **Annual wellness exams**
- **Flu shots/Immunizations**
- **Chronic Disease Management**
- **Diabetic check-ups**
- **Mental Health**
- **Osteopathic Manipulation**
- **Same day appointments**
- **Physician on call 24 hours a day,
7 days a week**
- **On site x-ray and laboratory testing**

Common ailments treated at Lane Family Practice:

- Allergies
- Asthma
- Bronchitis
- Burns
- Congestion
- COPD / emphysema
- COVID-19 symptoms
- Cough
- Diabetes
- Earache
- Eye infections
- Fever
- Flu symptoms
- Gastrointestinal disorders
- Hypertension
- Insect bites
- Itchy skin
- Migraines
- Nausea
- Rashes
- RSV
- Runny nose
- Sinus infections
- Sore throat
- STD testing & treatment
- Stomach aches & pains
- Urinary tract infections
- Wound care

Appointments

Same day appointments are available by calling 225-654-3607.

Insurance

Most commercial insurance and Medicare are accepted.

